

DEMANDING A PERMANENT CEASEFIRE, AN END TO THE OCCUPATION, AN END TO THE ETHNIC CLEANSING AND GENOCIDE IN PALESTINE. ACTION POINTS/ RESOURCES

At a time when our own government is not only doing nothing to support a ceasefire and an end to the genocide, but is in full support of Israel's attacks on Gaza, it has never been more important to ask ourselves how we can use our voices and platforms to rise up against the atrocities we are seeing.

What does it mean to protest?

When we think of protests, we mainly think of street protests. Street protests are a crucial form of resistance as it pressures media and governments to acknowledge our demands, but it is not the only form of protest available to us. Aside from street protesting, it is also important to firstly be educated, and to remember that remaining neutral is also a political choice and stance. Nothing we do in this society is exempt from politics. Think about the food you eat, the clothes you wear, the phones you use...who made them, where did it grow, who do those companies serve and where do they source their labour? Are you really politically neutral if you are benefiting from products and a lifestyle which exists through the continuous oppression of other races, but choose to remain silent when the time comes to speak up for these people? The first thing you can do is to read.

Reading as a form of resistance

Analyse your news sources and make sure to know who they are serving. Do government MPs have shares or power within the media company you choose to get your information from? Is your news source run by billionaires who stand to lose profits by reporting pro Palestine content? Being active in your reading and taking information into your own hands (rather than letting yourself be subject to mainstream propaganda) is an important first step in showing solidarity and resistance. Making sure you can align yourself with people who are being oppressed, rather than being swayed by headlines into condoning colonisation and oppression, is a powerful form of resistance that we can all be doing.

Amplify Palestinian Voices

Mainstream news outlets are failing to provide adequate coverage of the genocide of Palestinians – with misinformation and bias rife – and Palestinian voices and news outlets are being shadow banned across platforms. Support by reposting and sharing news of what's happening on the ground.

Internet and electricity has been cut in Gaza. Journalists on the ground have been working against all odds to get news out but they're also under siege, without food, water and medical supplies. Since October 7th, at least 90 journalists have been killed ([the deadliest war for media workers ever recorded](#)).

Instagram is an important space for people from Gaza to show the rest of the world what is really going on. Here is a list of Instagram accounts to follow for news and voices from Palestine:

Live reports & voices from Gaza

[@wizard_bisan1](#) [@gazangirl](#) [@byplestia](#) [@ahmedhijazee](#) [@motasem.mortaja](#) [@ahmedeldin](#)
[@aborjelaa](#) [@joegaza93](#) [@mohammed_dahlan86](#)

News and content:

[@eye.on.palestine](#) [@aljazeeraenglish](#) [@theimeu](#) [@cravingpalestine](#) [@letstalkpalestine](#)
[@visualizing_palestine](#) [@uncivilized.media](#) [@middleeastmonitor](#) [@middleeastmatters](#)

Human Rights/ Solidarity groups (for protests, ways to organize, movements)

[@palestinesolidarityuk](#) [@workers4pal](#) [@brightonhoveactionforpalestine](#)
[@palestineyouthmovement](#) [@al_haq_organization](#) [@adalahjusticeproject](#) [@pal_action](#)
[@bdsnationalcommittee](#)

Something to remember when sharing info on social media: Avoid Getting Shadowbanned

- Take screenshots and screen recordings of news, messages and updates then repost or write new posts
- Share photos of non-Palestine related content to satisfy the algorithm
- Post to your story and grid and make story highlights
- Be wary that certain words may be censored such as "Palestine", "Gaza", "genocide", "ethnic cleansing", "occupation". Replace letters with random characters, e.g. "P@lest1ne", "G@z@"
- Don't use too many hashtags (no more than 3)

What other forms of protest are available to us?

Boycott brands that are supporting the genocide, write to your MP, share news and content from alternative media sources who are reporting from Gaza and West Bank, go to protests (if you can't go then share the information), get in touch with local activist groups...Below is a list of how to do all these things.

1. Make Your Support of Palestine Publicly Known

In a time of great misinformation and bias coming from mainstream news outlets and Western governments it is more important than ever to make your support for the end of Genocide, Apartheid and Occupation publicly known. If you have a public following then share and amplify Palestinian voices.

2. Place pressure on your elected government officials and demand a ceasefire, an end to the ethnic cleansing and genocide, an end to the occupation

These really simple templates take 2 minutes to complete:

- @medicalaidpal:

<https://www.map.org.uk/campaigns/protect-palestinians-against-atrocities-in-gaza>

- @palestinesolidarityuk:

<https://palestinecampaign.eaction.online/gazaMPaction>

- Friends of Al Aqsa also have an email template:

<https://www.foa.org.uk/campaign/noceasefirenovote>

- SCOTTISH PALESTINE SOLIDARITY CAMPAIGN: WRITE TO YOUR MP/MSP

<https://www.scottishpsc.org.uk/solidarity/write-to-your-mps-msps-immediate-ceasefire-now>

3. Support original calls coming out of Palestine to Boycott, Divest and Sanction (BDS)

Boycotts: Withdrawing support from companies, cultural and academic institutions complicit in Israel's apartheid regime.

Divestment: Campaigns to urge banks, local councils, churches, pension funds and universities to withdraw investments from State of Israel

Sanctions: Pressure governments to fulfil their legal obligations to end Israeli apartheid, and not aid or assist its maintenance, by banning business with illegal Israeli settlements, ending military trade and free-trade agreements, as well as suspending Israel's membership in international forums such as UN bodies and FIFA.

For more info: <https://bdsmovement.net>

[@bdsnationalcommittee](https://twitter.com/bdsnationalcommittee)

Some companies that are complicit in Israeli apartheid/war crimes and/or have announced their support for the Israeli genocide:

HP, Axa, Siemens, Puma, Soda stream, Ahava, Sabra hummus, CAT/Caterpillar, WIX, Puma, Carrefour, Burger King, Papa Johns, Domino Pizza, Pizza Hut, Barclays, Disney, Starbucks, Mcdonalds, Nestle, Hardees, Nike, Lipton, Tide, Coca-Cola, Burger King, Hyundai, IBM, L'Oreal, Subway, Airbnb

- Also boycott Israeli produce in your supermarkets, labelled as "produced in Israel"

Source: @bdsnationalcommittee @cravingpalestine

Download the watermelon app for further information on brands to boycott and alternatives:

<https://app.jotform.com/233132600098852>

4. Change you bank

Banks with investments in companies known to provide equipment to the Israeli military

Aviva, Barclays, HSBC, Investec, Legal & General, Prudential, Schroders, Standard Life

Info via <https://waronwant.org>

5. Get involved with protests/actions

In order to ensure continued and sustained pressure on the government to act, keep attending protests if you can.

Stay up to date with protests here:

Samidoun Calendar of Global Actions:

<https://samidoun.net/2023/10/calendar-of-resistance-for-palestine-events-and-actions-around-the-world>

[@palestinesolidarityuk](https://www.instagram.com/palestinesolidarityuk)

<https://palestinecampaign.org/events>

Help to organise protests in your local area by distributing posters, doing callouts on social media and getting in touch with local and community groups to spread the word.

- Sisters Uncut has been holding sit-ins: <https://www.sistersuncut.org>
- Keep up to date with action alerts from BDS: <https://bdsmovement.net/get-involved/action-alerts>
- Join Palestine Solidarity Campaign for further information on actions: <https://palestinecampaign.org>

For how to stay safe while protesting visit:

Liberty Human Rights: Advice & Information on Protesting

[@libertyhq](https://www.instagram.com/libertyhq)

<https://www.libertyhumanrights.org.uk/advice-and-information/?topic-filter=protest>

DIRECT ACTION:

Direct action = a form of protest in which participants use agency—for example economic or physical power—to achieve their goals. Action that seeks to achieve an end directly and by the most immediately effective means

- Palestine Action @pal_action

<https://palestineaction.org>

Help shut down factories and companies complicit in the genocide and occupation. The goal is to disrupt the manufacturing process of arms as well as dismantle complicity in Israeli apartheid.

SIMPLE ONLINE ACTION:

- If you work in a medical profession, please use this link to Google Forms for Doctors to give advice:

<https://docs.google.com/forms/d/e/1FAIpQLSfLgb3Ks9iuYy3Hnazq80-svexZOAAJ75JhSyPiTN5cthl7kA/viewform>

- For anyone who is using online platforms to host websites which support genocidal campaigns (like Wix) follow [@multitudes.coop](https://www.instagram.com/multitudes.coop) to support the navigation away from these platforms. Feel free to reach out and get involved: <https://multitudes.coop>

- Link to further evidence on Wix's complicity in Israeli apartheid:

<https://www.irishtimes.com/ireland/2023/10/24/internal-wix-chat-encouraged-staff-to-support-israels-narrative-in-hamas-conflict>

6. Sign an open letter or petition in support of Palestine

- @artists4palestineuk
https://docs.google.com/forms/d/e/1FAIpQLSenyDAR0tH4bpnHL7N_6kw2z1RHC21cQ-MpMiZogc14bddJCg/viewform
- @themosaicrooms, Sign by emailing: info@mosaicrooms.org
<https://mosaicrooms.org/call-to-cultural-organisations-artists-writers-for-solidarity-with-palestine/>
- <https://boycottzabludowicz.wordpress.com>
- Call for a Ceasefire and an end to the Occupation
<https://petition.parliament.uk/petitions/648292>
- Amnesty International Call for Ceasefire
<https://www.amnesty.org.uk/actions/ceasefirenow?fbclid=PAaaSbaEtmnTtSlc19Swt06wngzEPbLFaVXSGewhEsf9rwV29CmaxuuOoaPs>

7. Resources/Reading:

- 'Freedom Is a Constant Struggle : Ferguson, Palestine, and the Foundations of a Movement' by Angela Davis
- 'Greater than the Sum of Our Parts: Feminism, Inter/Nationalism, and Palestine' by Nada Elia
<https://www.rubicund.co.uk/product/greater-than-the-sum-of-our-parts-feminism-inter-nationalism-and-palestine>
- 'The Palestine Laboratory : How Israel Exports the Technology of Occupation Around the World' by Anthony Loewenstein
<https://www.rubicund.co.uk/product/the-palestine-laboratory-how-israel-exports-the-technology-of-occupation-around-the-world>
- 'Seeking Palestine: New Palestinian Writing on Exile and Home' by Penny Johnson & Raja Shehadeh
<https://www.rubicund.co.uk/product/seeking-palestine-new-palestinian-writing-on-exile-and-home>
- 'Palestine' by Joe Sacco
- Reading list | Decolonize Palestine
<https://decolonizepalestine.com/reading-list/>
- Free ebooks available on Palestine by Haymarket
<https://www.haymarketbooks.org/blogs/495-free-ebooks-for-a-free-palestine>
- The Funambulist have given open access to backdated issues related to Palestine:
<https://thefunambulist.net/magazine/issues>
- Shut It Down 4 Palestine Toolkits
<https://www.shutitdown4palestine.org/toolkits>
- Palestinian Feminist Collective Toolkit
https://actionnetwork.org/user_files/user_files/000/098/772/original/All_Out_Palestine_Toolkit_3.0.pdf

Some Other Sites and articles:

- Medical Aid Palestine
<https://www.map.org.uk>
- Al-Haq
<https://www.alhaq.org/palestinian-human-rights-organizations-council/6442.html>
- Aljazeera Live Blog

<https://www.aljazeera.com/news/liveblog/2023/10/15/israel-hamas-war-live-gaza-hospitals-fuel-to-last-24-more-hours-un-says>

- Middle East Monitor

<https://www.middleeastmonitor.com>

- Institute for Middle East Understanding (IMEU)

<https://imeu.org/>

- A series of films celebrating the beauty of Gaza, its people, its struggle and its survival. The program aims to resist the demonisation of Gaza and Palestinian people:

<https://www.palestinefilmstitute.org/en/unprovoked-narratives>

