



FRUIT *of* *the* SPIRIT

STUDY GUIDE



FRUIT OF THE SPIRIT.



*"But the fruit of the Spirit is **love**, **joy**, **peace**, **patience**, **kindness**, **goodness**, **faithfulness**, **gentleness**, **self-control**; against such things there is no law."*
Galatians 5:22-23

Benefits of the Fruit of the Spirit:

- You get **stronger** spiritually. (Rom 12:2)
- The fruit produce **freedom**. (Rom 6:15-18)
- The fruit helps you **radically** love God, people, His Word, and His church.
- Your fruit **begins** to bear fruit! (John 15:16)

Bearing fruit is growing in the character and nature of Jesus!

The fruit of the Spirit **pleases God** and is **evidence** of the Holy Spirit's influence in your life!

HOW TO DEVELOP THE FRUIT OF THE SPIRIT:

- **Pray** for the Fruit of the Spirit.
- **Ask** the Holy Spirit to teach you about the Fruit of the Spirit.
- **Thank** the Holy Spirit for the Fruit.
- **Practice** the Fruit of the Spirit.

WARNING: Don't allow spiritual pride to keep you from spiritually growing.

REVELATION OF LOVE.



1 Corinthians 13:1-13

"If I could speak all the languages of earth and of angels, but didn't love others, I would only be a noisy gong or a clanging cymbal. If I had the gift of prophecy, and if I understood all of God's secret plans and possessed all knowledge, and if I had such faith that I could move mountains, but didn't love others, I would be nothing. If I gave everything I have to the poor [GOODNESS] and even sacrificed my body [PEACE], I could boast about it; but if I didn't love others, I would have gained nothing. Love is patient [PATIENCE] and kind [KINDNESS]. Love is not jealous or boastful or proud or rude [GENTLE]. It does not demand its own way. It is not irritable, and it keeps no record of being wronged [SELF CONTROL]. It does not rejoice about injustice but rejoices [JOY] whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance [FAITHFULNESS]."

**When you walk in love, you
produce ALL the Fruits of the Spirit!**

FRUIT OF THE SPIRIT.



LOVE: Relationship with God.

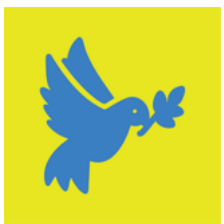
*"So now faith, hope, and love abide, these three; but the greatest of these is **love**." 1 Corinthians 13:13*



JOY: The result of encountering God's mercy and the evidence of abiding in Him.

How to Grow in Joy:

- **Daily** Encounter (Psalms 16:11)
- Get into the **Word** (Jeremiah 15:16)
- Get around **joy activated** believers (Proverbs 17:22)
- Go to **church** (Jeremiah 33:11)



PEACE: When you feel the presence of God and He becomes the primary focus of your attention.

3 Ways to Cultivate Peace Daily:

- **Peace through presence:** Begin every day in the presence of the Holy Spirit. Worship Jesus and watch peace come in like a flood!
- **Peace through permission:** Let the peace of the Holy Spirit decide your decisions.
- **Peace through perspective:** This kind of peace comes when you release control and trade it for trust in God.

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PATIENCE: A confidence or trust in the mercy of God.

How to Grow in Patience:

- Without patience, you **forfeit** the promise. (1 Samuel 13:8-13)
- Patience is the place where God **gives you** His heart. (Psalm 27:14, Psalm 37:7)
- You grow in patience as you **behold** the Patient One! (John 15:4)



KINDNESS: Mercy in action.

3 Ways to Produce Kindness:

- **RADICAL LOVE:** You will produce kindness by loving people the way God has loved you. (Deuteronomy 7:9)
- **FORGIVENESS:** You will produce kindness by forgiving like Jesus forgave you. (Ephesians 4:32)
- **MERCY:** You will produce kindness by showing others the kindness God showed you. (Matthew 5:7)



GOODNESS: Godliness from a life that honors God!

How to Grow in Goodness:

- When you **show people** goodness, they see God!
- The goodness of God is His **perfect will**! (Romans 12:2)
- When you **passionately** follow Jesus, His goodness follows you.
- His goodness **keeps you** in the perfect will of God.

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FAITHFULNESS: Continual faith and trust in God.

How to grow of faithfulness:

- **Abide in the Lord** (John 15:1-8)
- **Repentance** (Matthew 3:8)

The fruit of faithfulness is produced when we are trustworthy to the Lord!



GENTLENESS: A person who is lowly in heart, not self-exalting, yields to God's leadership.

How to Grow in Gentleness:

- Put on gentleness **daily** (Col 3:12).
- **Pause** under pressure.
- Put people **first**.
- **Invite** the Holy Spirit.
- Start with the **next** opportunity.
- Remember the result of **harshness**.



SELF CONTROL: The Spirit-empowered ability to say no to sin and yes to righteousness.

How to Grow in Self Control:

- **Daily Encounters.** (Psalm 119:11)
- **Fasting:** Deny the flesh and feed the spirit!
- **Set Personal Boundaries.**
- **Establish Accountability.** (Ecclesiastes 4:9-10, Proverbs 27:17)

APPLICATION.



QUESTIONS FOR **YOURSELF:**

- Am I sowing seeds to please my flesh or seeds to please the Spirit?
- What spiritual fruit is missing from my life?
- Do I yield quickly and easily to what the Lord is asking of me?

QUESTIONS FOR **GOD:**

- What does it look like for me to bear fruit?
- Which fruit am I lacking? How can I develop that fruit in my life?
- Am I walking in Your will for my life? (Ask this question regularly!)

QUESTIONS FOR **OTHERS:**

- What fruit of the Spirit are you cultivating in your life? How can I partner with you?
- What keeps you from bearing fruit?
- Where do you see evidence of the fruit of the Spirit in my life?

STEWARDED THE FRUIT OF THE SPIRIT:

- Ask the Holy Spirit to reveal any areas where deception has produced fake or rotten fruit in your life. Repent and ask Him to produce genuine fruit in you.
- Establish disciplines in your life that feed your Spirit and help develop the fruit God wants to grow in you.
- Seek out trusted spiritual leaders to hold you accountable and help you grow in the Fruit of the Spirit.
- Ask the Holy Spirit how to love your enemies!



PRAYER OF RADICAL LOVE.

Father, I really do love You. I call You Holy, You call me Beloved! Thank You for loving me. Today I love on You. Would You love on me? Your love is perfect. I want to love like You! Help me love my neighbor and my enemy. Teach me how to war in love. I pray the love of God casts out all fear. Shame, go! Glory of God come fill me. Holy Spirit help me to love what You love and hate what You hate. I choose to obey You today! Lord, I love You with all of my heart, soul, mind and strength. I pray today to encounter Your radical love! Amen.

