

FORGIVE US *as* WE FORGIVE

SUMMER *as* PRAYER

GROW GUIDE

Daily Encounter Guide

Daily Encounters are the greatest way to spiritually grow as a disciple of Jesus.

God invites us to meet with Him daily. Just as Israel gathered manna every morning, God teaches us to live in daily dependence, obedience, and intimacy with Him. Daily Encounters are daily discipleship. A disciple is someone who follows Jesus, obeys Him, and builds their life around Him every day. Discipleship is formed through repetition, obedience, intimacy, and trust, not information alone.

1. SET AN APPOINTMENT WITH GOD

Daily encounters begin with intention.

- Choose a **daily time**
- Choose a **daily place**
- Remove distractions
- Expect resistance, and show up anyway
- Have an appointment with the Lord every day

2. WELCOME THE HOLY SPIRIT

Begin by inviting God's presence. Pray:

- "Holy Spirit, You are welcome here."
- "No spirit but the Holy Spirit is welcome."
- "Give me ears to hear."
- "Teach me."
- "Speak, Lord."

3. WORSHIP

Minister to God's heart before asking for anything.

- Play worship music
- Sing, speak, or sit in reverence
- Thank God for who He is ([Ps. 110:4](#))

4. PRAY THE LORD'S PRAYER

Jesus gave us a daily prayer framework.

Pray slowly and intentionally:

- **"Our Father in Heaven..."**
Declare God's holiness.
- **"Your Kingdom come, Your will be done..."**
Surrender your will to His.
- **"Give us this day our daily bread..."**
Ask God for what you need today.
- **"Forgive us our debts..."**
Repent and receive grace.
- **"As we forgive our debtors..."**
Forgive people by name.
- **"Lead us not into temptation..."**
Ask for strength and protection.
- **"Deliver us from evil..."**
Declare victory in Christ.

5. PERSONAL PRAYER LIST

Pray intentionally for:

- Yourself
- Your family
- Your friends
- Your workplace
- Your city
- Your church & leaders
- The peace of Jerusalem ([Psalm 122:6](#))
- + Add your own

6. READ THE WORD (DAILY BREAD)

God's Word was meant to be encountered daily, not occasionally.

Suggested Reading Plans:

- **15-Minute Plan**
1 Psalm, 1 Proverb, 1 Gospel
- **30-Minute Plan**
1 Psalm, 1 Proverb, 1 Gospel,
1 Old Testament, 1 New Testament,
1 Revelation

7. GIVE GOD ROOM TO SPEAK

Slow down. Listen. Pray:

- "Speak, Lord. Your servant is listening."
- Be still
- Write down what you sense
- Pay attention to Scripture, impressions, or the conviction of the Holy Spirit

8. ASK HIM TO TEACH YOU HIS WAYS

God desires to form you, not just inform you. Pray:

- "Teach me Your ways."
- "I want what You want, show me what You want."
- Repeat what God says out loud.
- Obey what He reveals.

9. CLOSE WITH THE PRAYER OF ENCOUNTERS



JEHOVAH RAPHA

EXODUS 15:22-27

After God miraculously delivered Israel through the Red Sea, they traveled three days into the wilderness without finding water. When they finally arrived at Marah, the water was too bitter to drink, causing the people to grumble against Moses. The Lord instructed Moses to throw a log into the water, and the bitter water became sweet. God then revealed Himself as Jehovah Rapha, “the Lord your Healer.” Marah illustrates how bitterness contaminates what should bring life, and how only God’s provision can restore what has become bitter.

HEBREW

נָסָא (**nasa**)

To lift, carry away, remove

GREEK

ἀφίημι (**aphiemi**)

to release, let go, send away, forgive

KEY FIGURES

Moses — Prophet, deliverer of Israel, and mediator of God’s covenant who led the Israelites out of Egypt and through the wilderness.

The Israelites — God’s covenant people, descendants of Abraham, Isaac, and Jacob, chosen to display God’s glory among the nations.

The Lord (Yahweh / Jehovah Rapha) — The one true God of Israel who reveals Himself as Redeemer, Provider, and Healer, faithfully keeping His covenant with His people.

BITTERNESS

Delayed forgiveness becomes bitterness.

Bitterness:

- Poisons the heart
- Distorts relationships
- Prevents spiritual clarity
- Spreads if left unchecked

PRAYER & FORGIVENESS ARE CONNECTED

- Matthew 6:12
- Matthew 6:14–15
- Matthew 18:21–35

Forgiveness is ultimately about your relationship with God.

WHY FORGIVENESS MATTERS

- Jesus repeatedly connected forgiveness and prayer.
- Forgiveness reflects the work of Christ.
- Forgiven people forgive.
- Forgiveness is an act of obedience.
- Forgiveness keeps your heart free to connect with God.

LIES PEOPLE BELIEVE ABOUT FORGIVENESS

- Forgiveness isn't required without an apology.
- Forgiveness is only a one-time event.
- Forgiveness means restoring every relationship.
- Forgiveness excuses the offense

BIBLICAL EXAMPLES

- Esau forgave Jacob.
- Joseph forgave his brothers.
- David forgave Saul.
- Jesus forgave His enemies.
- Stephen forgave while being stoned.
- Jesus forgave us.

BIBLICAL EXAMPLES

- Produces freedom
- Brings healing
- Removes bitterness
- Opens the heart to hear God
- Positions us to walk in obedience
- Reflects the character of Christ

REFLECTION QUESTIONS

1. Is there someone I need to forgive?

2. Have I allowed delayed forgiveness to become bitterness?

3. Am I asking someone to pay a debt that only Jesus could pay?



4. Is unforgiveness keeping me from hearing God clearly?



The Lord's Prayer

Matthew 6:9-13 ESV

“Our Father in Heaven,
hallowed be your name.

Your kingdom come,
your will be done,

on Earth as it is in Heaven.

Give us this day our daily bread,
and forgive us our debts,
as we also have forgiven our debtors.

And lead us not into temptation,
but deliver us from evil”



PRAYER *of* ENCOUNTERS

This is where I tell You... I love You, I love You, I love You!

This is where I tell You... You're Holy, You're Holy, You're Holy!

This is where I tell You... Thank You, thank You, thank You!

This is where I tell You... I need You, I need You, I need You!

This is where I tell You... Speak Lord, Your servant is listening!

Twenty Six