SEMPQIC

Southeast Michigan Perinatal Quality Improvement Coalition

2026 BLACK MATERNAL HEALTH EQUITY SUMMIT

BEYOND SURVIVAL - WHERE MENTAL HEALTH MEETS MATERNAL EQUITY.



THURSDAY

SEPTEMBER 24, 2026

8:00 a.m. - 5:00 p.m.

MARYGROVE CONSERVANCY

Madame Cadillac Building

8425 McNichols Rd., Detroit, MI 48221

sempqic.org

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DWIHN
Michigan Alliance for Innovation on Maternal Health
Oakland Community Health Network
Daughters of Rahab Doula Health and Wellness

PROGRAM SCHEDULE

8:00 am	**CHECK IN / BREAKFAST / VENDORS – ROOM: MAIN DINING**
9:00 am	**WELCOME – ROOM: THERESA MAXIS ALUMNAE HALL** **Paula Tutman,** Emcee
9:05 am	**REMARKS – ROOM: THERESA MAXIS ALUMNAE HALL** **Yvanna Marlin-Guanga,** MPH
9:20 am	**MORNING PLENARY – ROOM: THERESA MAXIS ALUMNAE HALL** **Dr. Rose Moten,** PhD, LP
10:30 am	**TRANSITION / NETWORKING / VENDORS**
10:45 am	**BREAKOUT ROOM: DENK CHAPMAN** **Advancing Perinatal Mental Health:** Science, Data & Lived Experience
	BREAKOUT ROOM: BROWNSTONE **AIM Perinatal Mental Health Bundle:** Implementation Successes & Challenges
	BREAKOUT ROOM: THERESA MAXIS ALUMNAE HALL **From Awareness to Action:** Connecting Black Families to Perinatal Mental Health
11:45 am	**LUNCH / NETWORKING / VENDORS – ROOM: MAIN DINING**
12:45 pm	**BREAKOUT ROOM: DENK CHAPMAN (REPEAT)** **Advancing Perinatal Mental Health:** Science, Data & Lived Experience
	BREAKOUT ROOM: BROWNSTONE (REPEAT) **AIM Perinatal Mental Health Bundle:** Implementation Successes & Challenges
	BREAKOUT ROOM: THERESA MAXIS ALUMNAE HALL (REPEAT) **From Awareness to Action:** Connecting Black Families to Perinatal Mental Health
1:45 pm	**TRANSITION / NETWORKING / VENDORS**
1:55 pm	**SESSION RECAPS – ROOM: THERESA MAXIS ALUMNAE HALL**
2:25 pm	**AFTERNOON PLENARY – ROOM: THERESA MAXIS ALUMNAE HALL** **Joy D. Calloway,** MBA, MHSA
3:20 pm	**AWARDS PRESENTATION – ROOM: THERESA MAXIS ALUMNAE HALL** **Paula Tutman,** Emcee
4:00 pm	**NETWORKING & VENDOR ENGAGEMENT – ROOM: MAIN DINING**

SEMPQIC LEADERSHIP TEAM



Vernice Anthony, BSN, MPH

Team Lead
SEMPQIC



Cynthia Taueg, DHA, MPH, BSN

Lead Consultant – Maternal & Infant Health Equity
SEMPQIC



Iris Taylor, RN, P.hD*

Team Lead
SEMPQIC



Yvanna Marlin-Guanga, MPH

Director of the Southeast Michigan Perinatal Quality Improvement Coalition (SEMPQIC)
Metro Solutions

Our Mission at SEMPQIC is to reduce the disparity between Black and White adverse maternal, perinatal and infant outcomes, including infant and maternal mortality, by creating a coordinated, equitable and sustainable network for perinatal care based on best practices, evidence based and innovative community solutions that will result in system changes and improved birth outcomes for all babies born in southeast Michigan.

THANK YOU FOR BEING A PART OF THE SOLUTION!

sempqic.com



Our Posthumous Tribute to

DR. IRIS TAYLOR

RN, PH.D.

February 1, 1952 - July 30, 2026

For more than 45 years, Dr. Taylor dedicated her life to improving the health and well-being of Detroit residents and communities throughout Southeast Michigan. Her compassionate leadership, visionary thinking and unwavering commitment to health equity transformed countless lives and inspired generations of healthcare professionals.

As co-lead consultant for SEMPQIC, Dr. Taylor helped lead efforts to reduce disparities in maternal, perinatal and infant health outcomes across Southeast Michigan. She believed every birthing person, every baby and every family deserved an equal opportunity for a healthy start in life.

Her legacy will live on through the lives she touched, the systems she helped improve and the mission she so passionately advanced.

2026 AWARDEES

2026 PHYSICIAN CHAMPION AWARD
Rhonda Dailey, MD

Rhonda Dailey, M.D., is an Associate Professor of Research in the Department of Family Medicine and Public Health Sciences in the School of Medicine at Wayne State University. Her research focuses on improving the quality of health for all, including perinatal health; women's health advocacy; and investigating the effects of hypertensive disorders of pregnancy using traditional and community-engaged research approaches. Dr. Dailey's research involves serving as the Co-Principal Investigator to the P3 Study: Preeclampsia, PFAS Exposures, and Proteomic Signatures in Urban Pregnant Women; Co-Investigator of the Digital Engagement and Cancer Outcomes (DECO) Center; Co-Associate Director of the Community Engagement Core of the Addressing Cardiometabolic Health In Populations Through Early Prevention in the Great Lakes Region (ACHIEVE GREATER) Center; and the Detroit Site-Principal Investigator of the Biosocial Impact on Black Births (BIBB) and Father's Matter studies. Dr. Dailey is also an Advisory Committee and Health Equity Committee member of SEMPQIC and served on several of SEMPQIC's summit planning and grant review committees. Dr. Rhonda Dailey was nominated for the 2026 SEMPQIC Physician Champion Award physician through demonstrating exceptional leadership and commitment to advancing perinatal health equity, improving care for birthing people and infants, and supporting the coalition's mission. Dr. Rhonda Dailey, please join us on stage in accepting your 2026 SEMPQIC Physician Champion Award.

2026 COMMUNITY VOICE & ADVOCACY CHAMPION AWARD
Malikah Garner, MBA

Malikah Garner, MBA, is a Detroit native, mother of two, and maternal and infant health leader dedicated to improving outcomes for Black mothers, babies and families. With more than a decade of experience advancing health equity, she leads efforts at Henry Ford Health to reduce infant mortality and improve birth outcomes through cross-sector collaboration. A strong advocate for breastfeeding, birth equity, doula integration, and maternal health policy, she co-founded the Mommy Ambassador Program at the Black Mothers' Breastfeeding Association and has helped advance doula-related policy changes. Her nationally recognized work includes leadership, advisory, and fellowship roles focused on community-driven solutions to improve maternal and infant health. Malikah Garner was nominated for the 2026 SEMPQIC Community Voice & Advocacy Champion Award in recognizing her as an individual with lived experience, advocate, parent leader and community representative who has elevated community voices and influenced change to improve maternal and infant health equity. Malikah Garner, please join us on stage in accepting your 2026 SEMPQIC Community Voice & Advocacy Champion Award.

2026 COMMUNITY-BASED ORGANIZATION & LEADERSHIP AWARD
Birth Detroit

Birth Detroit is a Black-led, community-based maternal health organization dedicated to providing safe, equitable, and culturally affirming care through pregnancy, birth, and postpartum support. As Detroit's first freestanding community birth center, the organization was created in response to persistent racial disparities in maternal and infant health and works to ensure that every family has access to equitable, culturally affirming, and person-centered care. Birth Detroit provides comprehensive prenatal, birth, postpartum, and wellness services grounded in the midwifery model of care. Through clinical services, childbirth education, community engagement, and advocacy, Birth Detroit seeks to create a future where birth is safe, sacred, loving, and celebrated for everyone. Birth Detroit was nominated for the 2026 SEMPQIC Community-Based Organization & Leadership Award as a community-based organization whose work has significantly improved support, access, education, advocacy, or outcomes for birthing people, infants, and families. Chief Administrative Officer Afton Shavers, Co-Founder Elon Geffrard and Board Chair Dr. (Canady) Hill, please join us on stage in accepting the Birth Detroit 2026 SEMPQIC Community-Based Organization & Leadership Award.

2026 AWARDEES

SEMPQIC

Southeast Michigan Perinatal Quality Improvement Coalition

2026 LIFETIME LEADERSHIP & LEGACY AWARD

Presented to the Estate of

Iris Taylor, Ph.D., RN

The Southeast Michigan Perinatal Quality Improvement Coalition announces the posthumous presentation of the 2026 Lifetime Leadership & Legacy Award to Dr. Iris Taylor, Ph.D, RN. This honor recognizes her lifelong commitment to improving the lives of Detroit families and the lasting impact she made on SEMPQIC, Region 10, and communities across Michigan. A founding leader of SEMPQIC, Dr. Taylor dedicated more than 45 years to advancing health care as a clinician, educator, executive, and community advocate. Her leadership of major Detroit health institutions, service in public health and education, and steadfast commitment to perinatal health equity helped shape systems of care and inspired generations of leaders. Her legacy of service, wisdom, and advocacy will continue to guide our work for years to come.

In Dr. Iris Taylor's passing earlier this year, SEMPQIC has lost a monumental figure. Please join us in taking a moment of silence to recognize Dr. Iris Taylor.

We welcome the family of Dr. Iris Taylor to join us on stage in accepting the 2026 Lifetime Leadership & Legacy Award.

SPECIAL GUEST



Paula Tutman

Multi-Emmy Winning Broadcast Journalist & Creator-Preneur

Multi-Emmy winning and multi-Emmy nominated broadcast journalist, **Paula Tutman** has spent more than 42 years in front of the camera as a broadcast news reporter and was inducted into the Michigan Association of Broadcasters Hall of Fame in 2024.

A charter reporter for WDIV Detroit's First-at-4 news broadcast as a specialty correspondent with a focus on interesting and relevant topics with a deep regard for stories that have elements of human interest and social justice, Tutman was part of the structuring team for the new program in 2014.

Paula is also a serial Creator-Preneur. She is the innovator of Bra-Less Bra, Instant Cleavage Sculpting Solution™—a bra alternative that literally supports all women fighting gravity. Her company Zuke-iT is both WBE and MBE certified and employees a 100% all female Team. Paula teaches a Master Your Message Communication Course© to organizations and corporations. The course under the umbrella of her company North On Woodward, is an intensive workshop that teaches an advanced communication model designed to shift office-place communication culture into high gear to team-strengthen in order to work better, sell better, be better and improve productivity and quality service in all areas of business and healthcare.

In 2009 she took on her most extreme adventure underneath a crop of overgrown Evergreens at the tidal basin of an Alaskan glacier by getting married for the last time. She splits her time between rural Ontario and Suburban Detroit with her husband and stepdaughters.

PLENARY SPEAKERS



Dr. Rose Moten, PhD, LP

Psychologist, Author,
Speaker, Transformation Strategist
Detroit-based BLOOM Transformation Center,

Dr. Rose Moten is a nationally recognized psychologist, author, keynote speaker, personal development strategist and master sound healing facilitator dedicated to helping individuals and organizations unlock their fullest potential. As the founder of the Detroit-based BLOOM Transformation Center, she has spent nearly three decades empowering thousands of people to overcome barriers, strengthen resilience, accelerate growth, and create meaningful, lasting transformation.

Known for her ability to blend clinical expertise with practical, real-world insight, Dr. Rose is a trusted voice on human behavior, relationships, emotional wellness, leadership, and personal transformation. Her engaging and relatable style has made her a sought-after expert for media outlets, corporations, educational institutions, and community organizations alike.

Dr. Rose has been featured on some of the nation's most respected platforms, including The Oprah Winfrey Show, OWN Network, TEDx, Chicago Sun-Times, and Detroit Free Press. During the COVID-19 pandemic, she emerged as one of the region's most trusted mental health experts, providing guidance and support through countless media appearances addressing the emotional, psychological, and workplace challenges facing individuals and families.

In addition to her clinical work, Dr. Rose is the creator of the acclaimed BLOOM 7-Step Personal Transformation Framework, a powerful methodology that provides a practical roadmap for self-discovery, emotional healing, personal growth, and professional development. Her work inspires audiences to move beyond survival, reconnect with their authentic selves, and intentionally create lives of greater purpose, fulfillment, and well-being.

Whether speaking to corporate leaders, educators, entrepreneurs, healthcare professionals, or community audiences, Dr. Rose delivers transformative experiences that leave participants empowered, motivated, and equipped with actionable tools for lasting change.

PLENARY DESCRIPTION

BEYOND THE BABY BLUES: UNDERSTANDING PERINATAL MENTAL HEALTH, RISK FACTORS, RECOGNITION, AND PATHWAYS TO HEALING

Presentation Description

This presentation provides an overview of perinatal mental health and the factors that contribute to emotional and psychological well-being during pregnancy and the postpartum period. Participants will explore the root causes and risk factors associated with perinatal mental health challenges, including biological, psychological, social, cultural, and systemic influences. The presentation will examine the prevalence and impact of perinatal mood and anxiety disorders on individuals, families, and communities, while increasing awareness of common signs and symptoms. Evidence-based treatment approaches, community resources, and integrative support strategies will be discussed to equip professionals with practical knowledge for early identification, referral, and intervention.

Learning Objectives

Upon completion of this presentation, participants will be able to:

1. Identify key biological, psychological, social, and environmental risk factors that contribute to perinatal mental health disorders.
2. Describe the prevalence, scope, and impact of perinatal mental health conditions on individuals, infants, families, and communities.
3. Recognize common signs and symptoms associated with perinatal behavioral health disorders, including postpartum depression, anxiety, obsessive-compulsive symptoms, and postpartum psychosis.
4. Discuss evidence-based treatment modalities, support systems, and community resources available to individuals experiencing perinatal mental health challenges.

References (APA 7th Edition)

American College of Obstetricians and Gynecologists. (2023). Treatment and management of mental health conditions during pregnancy and postpartum. Obstetrics & Gynecology, 141(6), 1262–1288.

National Institute of Mental Health. (2024). Perinatal depression. Bethesda, MD: U.S. Department of Health and Human Services.

Howard, L. M.., Khalifeh, H., & colleagues. (2014). Perinatal mental health: A review of progress and challenges. World Psychiatry, 13(3), 287–292.

PLENARY SPEAKERS



Joy D. Calloway, MBA, MHSA

President & CEO
Black Women's Health Imperative

Joy D. Calloway, MBA, MHSA, is a transformational leader with more than 30 years of health care and nonprofit leadership experience. She is widely recognized for her ability to guide organizations through times of change, serving as a stabilizing force and setting them on a path toward long-term success.

Calloway was named President & CEO of the Black Women's Health Imperative (BWHI) in 2025, bringing her vision and expertise to the only national nonprofit working to solve the most pressing health issues affecting Black women and girls. Prior to joining BWHI, she served as Executive Director of the National Medical Association (NMA). She has also served as Interim President & CEO of Planned Parenthood of Greater New York, where she led the organization through a period of significant financial, operational, and cultural challenges. In addition, she held the role of Interim Executive Director of the National Association of Health Services Executives, guiding the organization as it transitioned to a new governance model.

From 2013 to 2018, Calloway served as President & CEO of New Center Community Mental Health Services in Detroit, where she revived and repositioned the agency to ensure it remained a vital resource for the community. Earlier in her career, she was Associate Vice President for Community and Rural Network Development for St. Joseph Mercy Oakland hospital, Executive Director of Metro Healthcare Services, Inc., and founding CEO of Oakland Primary Health Services, the first federally qualified health center in Oakland County serving low-income and medically underserved populations.

A sought-after consultant and speaker, Calloway has shared her expertise with audiences around the world on issues including mental health, emotional intelligence, nonprofit governance, and operational strategy. She earned degrees from the University of Michigan–Ann Arbor in Organizational Psychology (BA), Health Services Management and Policy (MHSA), and Human Resources (MBA).

Her leadership has been recognized with numerous honors, including induction into the Michigan Chronicle's Women of Excellence and the American Businesswomen's Association "Boss of the Year" Award. She is also a 2024 graduate of the Leadership Greater Washington Signature Program. Over the years, she has served on the boards of national and local nonprofit organizations addressing issues ranging from youth development and community programs to gun violence prevention and support for girls experiencing homelessness.

Calloway is most proud of being mother to her daughter, Vashti, a special education teacher in Newport News, VA. She is an avid sports fan and also makes time to enjoy travel, live music, theater, and reading.

PLENARY DESCRIPTION

DESCRIPTION OF CONTENT: "IN PURSUIT OF JOY: CENTERING MENTAL AND EMOTIONAL WELLNESS FOR PROVIDERS AND CAREGIVERS,"

Presentation Description
This is tailored for physicians, nurses, community health workers, social workers, certified lactation consultants, and substance abuse prevention consultants, explores the often-overlooked challenges of caregiver burnout and compassion fatigue. Grounded in evidence-based techniques and reflective exercises, In Pursuit of JOY equips providers with tools to center and nurture their own joy, ensuring they bring their best selves to those in need.

Learning Objectives
Participants will gain practical strategies to prioritize and maintain their own mental and emotional wellness, fostering resilience and sustainable care practices.

BREAKOUT SESSIONS

Advancing Perinatal Mental Health: Science, Data & Lived Experience

10:45 am - 11:45 am & 12:45 pm - 1:45 pm
ROOM: Denk Chapman

DESCRIPTION:
This breakout session will explore what research, data, and real-life experiences are teaching us about perinatal mental health for mothers, fathers, families, and healthcare providers. Presenters will share current efforts and emerging findings, with a focus on how this knowledge can help strengthen support, improve care, and promote mental health equity in Black communities.

MODERATOR:
Dr. Cynthia Taueg, DHA, MPH, BSN & **Vernice D. Anthony,** MPH, BSN

PANELISTS:
Reginald Day, PSI **Rosemary Adaji,** M.S, PhD **Dr. Rhonda Daily,** MD



Cynthia Taueg, DHA, MPH, BSN
Lead Consultant – Maternal & Infant Health Equity
SEMPQIC

Dr. Cynthia Taueg, DHA, MPH, BSN is a lead consultant working across Southeast Michigan to address disparities in maternal and infant birth outcomes. Her work centers on reducing inequities in perinatal care including perinatal mood and anxiety disorders (PMAD), and she promotes implicit bias training for healthcare providers to strengthen equitable, respectful care throughout the perinatal journey.

Dr. Taueg partners with the Detroit and Wayne County Health Departments, supporting peer support programming that connects birthing people with community-based emotional and practical support. She also serves on Detroit's maternal mortality review committees, where she helps examine the underlying causes of maternal deaths and contributes to developing actionable recommendations aimed at eliminating preventable deaths. Through this multifaceted work, Dr. Taueg brings together clinical insight, community partnership, and systems-level advocacy in service of healthier outcomes for families across the region.

She is a career public hea;t professional who has served as a former Health Officer for City of Detroit and as VP of Community Health for Ascension Southest Michigan. Her passion is for disease prevention and health promotion through education and access to quality services for all.

Dr. Taueg is married, a mother of two, grandmother of 4 and is a native Detroiter.



Vernice Anthony, BSN, MPH
Team Lead
SEMPQIC

Ms. Anthony has years of executive and board leadership experience and a proven track record of success in health policy development, creating collaborative health care solutions, community health impact strategies, access to care models and health related business solutions. This has involved working in operations, senior management capacities and as CEO. Her various positions have spanned healthcare systems, state, local and national appointments. In fact, Ms Anthony is a first in having served as the health officer at three levels of government, city, county and state. She has also held several high level board seats, including Wayne State University, Western Michigan University Board Chair and Chair of the Detroit Wayne County Airport Authority. In addition, her recognitions and awards for her community service are many, including Distinguished Alumni Awards from both Wayne State University and University of Michigan, School of Public Health, Michigan Women's Foundation Humanitarian Award, Crain's Detroit Business 100 Most Influential Women and 100 most Influential Blacks, Michigan's Most Powerful Women from Corp! Magazine and Alternative for Girls Role Model Award. Most recently, she received the highly prestigious recognition as a

"Distinguished Warrier" from the Detroit Urban League, and admitted to the Michigan Women's Hall of Fame.

BREAKOUT SESSIONS

Advancing Perinatal Mental Health: Science, Data & Lived Experience



Reginald Day

Manager,
Population Health Activation
Priority Health

Reginald Day is a Certified Lactation Counselor and Community Health Worker with over 15 years of experience serving families and specifically fathers. He is also Mental Health First Aid trained. Specializing in fatherhood and perinatal support, Reginald uses his experience to walk alongside families and fathers during the parenthood journey by supporting with coaching, community resources and connections.

By ensuring that the whole family is centered and that the SDoH needs are factored into the care of families, Reginald has made good use of his bachelor's degree in Health Service Administration from University of Detroit Mercy along with his CLC and CHW certification. Having served as an administrator in home health for over 12 years he decided to follow his passion for serving and uplifting families. Over the years, Reginald has grown his community connections and shared his experience by participating in many local, state, and national conferences, ensuring that fathers are centered along with mom and baby in maternal and infant health care.

When he is not working and supporting families, Reginald enjoys being with his family whether outdoors enjoying nature or sharpening his photography and videography skills.



Rosemary Adaji, MS, PhD

Epidemiologist and Maternal Health Equity Researcher
Dept. of Epidemiology and Biostatistics
MSU College of Human Medicine

Rosemary Adaji, PhD, is an epidemiologist and maternal health equity researcher whose work focuses on psychosocial and relational determinants of pregnancy and birth outcomes, with particular attention to Black maternal and infant health. Her research examines how stress, depressive symptoms, partner and family relationship quality, and structural inequities shape maternal morbidity and adverse birth outcomes.

She brings expertise in perinatal epidemiology, social determinants of health, and quantitative research methods, and her scholarship emphasizes translating evidence into culturally responsive, community-centered strategies that improve the health of mothers, babies, and families.



Dr. Rhonda Dailey, MD

Associate Professor, Behavioral Sciences Division
Department of Family Medicine and
Public Health Sciences
Wayne State University School of Medicine

Rhonda Dailey, M.D., is an Associate Professor of Research in the Department of Family Medicine and Public Health Sciences at Wayne State University School of Medicine. Formally trained in medicine, she brings over 25 years of experience in behavioral and health-disparities research, specializing in minority population recruitment, stakeholder engagement, perinatal health, and chronic disease equity. She has authored or presented over 150 peer-reviewed publications, posters, and lectures while leading community-engaged research workshops across academic institutions.

Dr. Dailey currently serves as the Principal Investigator for the Preeclampsia, PFAS Exposures, and Proteomic Signatures Study, and Detroit Site-PI for both the Biosocial Impact on Black Births (BIBB) and Father's Matter studies. She holds leadership roles across major regional research initiatives, including Co-Investigator for the Digital Engagement and Cancer Outcomes (DECO) Center, Co-Associate Director of the ACHIEVE GREATER Center's Community Engagement Core, and former Scientific Director of WSU's Office of Community Engaged Research. Her active committee appointments include CEC-PATH, D-CHAP, and SEMPQIC. In recognition of her impacts, she received the 2023 Outstanding Diversity, Equity, and Inclusion Faculty Scholar Award and WSU's 2024 Annual Community Engagement Award.

BREAKOUT SESSIONS

AIM Perinatal Mental Health Bundle: Implementation Successes & Challenges

10:45 am - 11:45 am & 12:45 pm - 1:45 pm
ROOM: Brownstone

DESCRIPTION:
Presentations from Corewell Health Trenton Hospital, Corewell Health Dearborn Hospital, and DMC Huron Valley-Sinai Hospital regarding individual implementation of elements of the AIM Perinatal Mental Health Bundle within their institutions.

MODERATOR:
Madonna Ladouceur, DNP, RN, ACNS-BC, EFM-C

PANELISTS:
Stephanie Ingram, BSN, RN, C-EFM
Jennifer England, RN, ADN



Dr. Madonna Ladouceur holds the position of Perinatal Clinical Nurse Specialist for the Detroit Medical Center. She completed her Master's Degree as an Advanced Practice Nurse in 2008 and earned her Doctor of Nursing Practice Degree from Michigan State University in 2018. She is an active member of the Association of Women's Health, Obstetrics, and Neonatal Nurses (AWHONN) and the Michigan Chapter of the Alliance for Innovation on Maternal Health. She was recently honored with a lifetime appointment as an AWHONN Fellow.

Her clinical focus is on decreasing maternal morbidity and mortality. She lectures on topics such as Malignant Hyperthermia, Obstetrical Hemorrhage, and Human Trafficking. Dr. Ladouceur is currently the Co-Chair of the MI AIM Operations Committee.

She is married to her husband JP of 21 years and together they have four children Eve (19), Jack (15), Brady (11) and Anna (9).

BREAKOUT SESSIONS

AIM Perinatal Mental Health Bundle: Implementation Successes & Challenges



Stephanie Ingram, BSN, RN, C-EFM

Clinical Nurse Manager
Corewell Health Trenton Family Birth Center

Stephanie Ingram, BSN, RN, C-EFM, Clinical Nurse Manager for Corewell Health Trenton Family Birth Center. Stephanie is a Licensed RN in the State of Michigan for 13 years. Professional background includes direct focus on Maternal Child Health outcomes including roles as a Perinatal Educator, Quality, Safety and Risk RN, and Clinical Nurse for Labor & Delivery, OB, Mother Baby.

She has a strong passion for quality metrics and data analytics, using performance data to identify opportunities and boost improvement outcomes to support quality care. In addition to her healthcare leadership role, Steph serves as a Board of Education Member in Flat Rock, Michigan where she is a proud single parent of three children ages 6, 10, and 12.



Jennifer England, RN, ADN

OB Nurse Navigator
Huron Valley DMC

Jennifer England, RN ADN is the OB Nurse Navigator at Huron Valley DMC, with 13 years of experience in perinatal care. Her nursing career began in Labor and Delivery, where she spent eight years caring for birthing families and developing an appreciation for the emotional and mental health needs in pregnancy. She has additional experience in medical billing, coding, and clinical office settings.

She is dedicated to advancing maternal mental health initiatives and strengthening support networks for families in my community.

BREAKOUT SESSIONS

From Awareness to Action: Connecting Black Families to Perinatal Mental Health

10:45 am - 11:45 am & 12:45 pm - 1:45 pm
ROOM: Theresa Maxis Alumnae Hall

DESCRIPTION:
This workshop will create a shared understanding and awareness between families and providers for the often-closed issue of perinatal mental health and its impact in the Black community. Presenters will define the related health issues, discuss key treatment options, the importance of understanding what's available and referral options. Family members will have the opportunity to pose questions and participate in discussions to help improve the delivery of services.

MODERATOR:
Gaylotta Murray, MEd

PANELIST:
Rena Menke, PhD, LP, IMH-M
Alicia Chalk
Andre M. Ebron, PhD (h.c.)
Monica Sholar Anderson, CHW
Vanessa Landrum, CNM, PMHNP-BC, PMH-C



Gaylotta Murray is a seasoned community engagement, early childhood and maternal child health leader with more than 30 years of experience advancing initiatives that strengthen families and communities across Southeast Michigan. As Manager and Lead Consultant for Partnering for Impact (PFI) LLC, she provides strategic and operational support to nonprofit and community-based organizations, specializing in quality improvement, collective impact initiatives, and cross-sector collaboration.

Throughout her career, Gaylotta has led and facilitated early childhood action teams, managed large-scale community investment and planning strategies and coordinated maternal mental health initiatives addressing the perinatal stage. She has served in key leadership roles with organizations including the United Way for Southeastern Michigan, Great Start Collaborative–Wayne, Excellent Schools Detroit and the Southeast Michigan Quality Improvement Coalition. Her expertise includes program development, staff training, group facilitation, and building sustainable partnerships at the local and state levels.

Gaylotta holds a Master of Community Health Education from Wayne State University and brings a strong foundation in program coordination, training, and community health to her work. She is passionate about advancing innovative approaches that promote stability, opportunity, and long-term impact on the health of mothers, children and families.

BREAKOUT SESSIONS

From Awareness to Action: Connecting Black Families to Perinatal Mental Health



Rena A. Menke, PhD, LP, IMH-M

Assistant Professor in the Department of Psychiatry

Michigan Clinical Consultation and Care, Zero to Thrive at the University of Michigan

Rena A. Menke, PhD, LP, IMH-M is an Assistant Professor in the Department of Psychiatry with Michigan Clinical Consultation and Care (MC3), and Zero to Thrive at the University of Michigan. She has over 20 years of experience providing support and services to perinatal people and their children.

She is the Co-Director of the MC3 Perinatal program which offers no cost psychiatric consultation to prescribing providers, as well as educational opportunities to professionals, and resource support to perinatal people. She is also a staffing psychologist with the Perinatal and Reproductive Psychiatry Clinic. Dr. Menke is dedicated to improving the lives of families to build resilient and fulfilling lives.

She strongly believes in the strength of connection with and within a family, meeting families where they are upon seeking services, and the value of person-centered support in changing intergenerational patterns of psychopathology and risk.



Monica Sholar Anderson, CHW

Founder

Remembering Cherubs

Monica Sholar Anderson, CHW is a nationally certified Community Health Worker and the founder of Remembering Cherubs, Detroit's first and only bereavement resource center for pregnancy and infant loss. As a current member and former co-chair of the Perinatal Infant Reproductive Loss (PIRL) Committee at the University of Michigan Health System, she partners with healthcare professionals to improve care for grieving families.

Monica is also the author of The Pregnancy Loss Guidebook and the visionary behind Black Women's Health Month, which was officially recognized by the City of Detroit in an August 1, 2026 proclamation honoring her leadership and dedication to advancing the health and well-being of Black women.



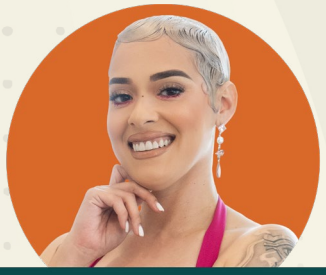
Alicia R. Chalk

Social Worker, Project Coordinator

Harambee Care

Alicia Chalk is a social worker and Project Coordinator at Harambee Care, where she helps families and caregivers build resilience through equity-based self-care education and emotional-wellness workshops. Throughout her career, she has supported families, caregivers, and community partners with practical tools for stress awareness and everyday well-being.

Alicia brings a gentle, grounded presence to every workshop she leads, creating spaces where people can learn, grow, and experience meaningful "aha" moments. With experience spanning children's health, maternal-infant support, and community-based wellness initiatives, she is dedicated to helping individuals strengthen resilience and turn their wellness goals into action.



Vanessa Landrum
CNM, PMHNP-BC, PMH-C
CNM, PMHNP-BC, PMH-C
Founder
Birth Detroit EMERGE

Vanessa Landrum, CNM, PMHNP-BC, PMH-C, is a Detroit-born Certified Nurse Midwife and Psychiatric Mental Health Nurse Practitioner specializing in perinatal and reproductive mental health. Her work centers on supporting women through pregnancy, postpartum, and beyond with culturally responsive, trauma-informed care.

She is the founder of Birth Detroit EMERGE, a mental health initiative providing culturally centered support for women experiencing depression, anxiety, and other mood concerns across the reproductive life span. Through this work, Vanessa integrates clinical care, education, and community-based approaches to address gaps in maternal mental health services.

Vanessa is a recognized speaker and advocate for advancing equitable postpartum care. She has presented at the Policy Center for Maternal Mental Health Forum on Advancing Postpartum Care and the Kellogg Fellows Leadership Alliance, and continues to contribute to national and global conversations, including the International Confederation of Midwives (ICM) Conference. She will also be presenting at the American Association of Birth Centers (AABC) Conference, further advancing conversations around equitable, culturally responsive maternal mental health care.

Her work is grounded in a deep commitment to improving outcomes for women—particularly Black women—by centering dignity, safety, and holistic well-being in every aspect of care.



Andre Ebron PhD (h.c.)
Senior Director of Diversity, Equity and Inclusion (DEI)
United Way of Southeastern Michigan

Andre M. Ebron is a blueprint for what happens when soul meets strategy.
A transformational leader, motivational speaker, elder, and educator, Mr. Ebron doesn't just talk about impact—he embodies it. From classrooms to congregations, from courtrooms to corner offices, his pursuit has always been singular: turning potential into purpose.

With decades of experience in youth empowerment, education, and community transformation, Mr. Ebron brings a rare depth to every room he enters. His journey spans foster-care advocacy to dean of students, culture and climate strategist, Senior Director of DEI, and now Founder & CEO of Ebron & Associates, a leadership consultancy he built to scale principled influence. Each chapter of his career reflects an unwavering conviction: we are defined not by where we begin, but by how deeply we serve.

An author of three works—The Drawing Board, Mind Your Business: Self-care Strategies and Mindfulness Practices Designed to Reduce the Negative Effects of Stress, and The Sketch Collection—Mr. Ebron weaves pedagogy, resilience, and practical wisdom into accessible narratives that empower readers to lead with intention.

His work sits at the vital intersection of commerce and faith, proving that principled leadership can drive competitive success without compromising human dignity. The Michigan Chronicle has honored him as Man of Excellence and 40 Under 40, and Soul of Philanthropy has recognized him as a Community Champion, among others.

Mr. Ebron's influence extends beyond boards and bullet points: he inspires students, leaders, organizations, and communities to recognize their potential, embrace their stories, and move forward with purpose. In every engagement, he invites others to reimagine what's possible when integrity, influence, and impact converge.

Andre M. Ebron isn't merely a leader of today—he's a steward of tomorrow, championing a world where purpose fuels performance and every story is a catalyst for lasting change.

MATERNAL MENTAL HEALTH RESOURCE GUIDE

Wayne, Oakland, and Macomb Counties, Michigan

A reference guide for maternal mental health support, crisis contacts, counseling, community mental health services, and referral pathways for pregnant and postpartum individuals in Wayne, Oakland, and Macomb counties.

SUPPORT FOR PREGNANT AND POSTPARTUM PARENTS

EMERGENCY	
988 Suicide & Crisis Lifeline	Call or text 988 for free, confidential, 24/7 support if someone is experiencing suicidal thoughts, emotional distress, or a mental health or substance use crisis.
Postpartum Support International Helpline	Call 1-800-944-4773 (4PPD): press 1 for Spanish or 2 for English. Text "Help" to 800-944-4773 in English or text 971-203-7773 in Spanish. Not a crisis hotline; messages are returned daily within business hours, 8 a.m.–11 p.m. ET.
National Maternal Mental Health Hotline	Call or text 1-833-TLC-MAMA (1-833-852-6262) for free, confidential, 24/7 support in English and Spanish; interpreters are available in 60+ languages.
SAMHSA National Helpline	Call 1-800-662-HELP (4357) or TTY 1-800-487-4889 for free, confidential, 24/7, 365-day treatment referral and information support in English and Spanish for mental health and/or substance use concerns. Text your ZIP code to 435748 (HELP4U) to find help near you.
NAMI Michigan	Statewide mental health education, support, and resource navigation through local NAMI affiliates. Contact NAMI Michigan at 517-485-4049 or info@namimi.org. For the national NAMI HelpLine, call 1-800-950-NAMI (6264), text "NAMI" to 62640, or email helpline@nami.org, Monday–Friday, 10 a.m.–10 p.m. ET; call or text 988 for crisis support.
Michigan Clinical Consultation & Care — MC3	Perinatal Patient Care: free, same-day mental health support for pregnant and postpartum patients up to 12 months after birth in select counties, including Wayne, Oakland, and Macomb. Share MC3Michigan.org/peripatient for patient self-referral. Provider phone contacts: Southeast Region 844-270-3195 for Wayne/Oakland; Thumb Region 844-289-0376 for Macomb.

GRIEF SUPPORT & LOSS

REMEMBERING CHERUBS — CARE CONCIERGE

Personalized support for pregnancy or infant loss, including local resources based on location and needs.

Resources: Clients receive suggested support groups, reading materials, or counseling services within two business days.

Follow-up: Check-in typically occurs within two weeks.

Free Service: Care Concierge is offered at no cost.

Contact: 313-617-9254 or info@remenberingcherubs.org

OAKLAND COUNTY HEALTH DIVISION — GRIEF AND LOSS OF AN INFANT

Website: https://www.oakgov.com/community/health/public-health-services/children-families/grief-and-loss-of-an-infant

Service Summary: Provides grief and loss resources for families who have experienced pregnancy or infant loss, including links to local, Michigan, online, and professional bereavement supports. The page also describes Oakland County's Fetal and Infant Mortality Review process, which gives families the option to share their story confidentially to support grieving and help improve services for other families.

Note for Providers and Parents: This guide is for referral and navigation support only. Providers and parents should confirm current eligibility, hours, insurance, and service availability directly with each organization before making or using a referral.

REGIONAL PROGRAMS SERVING WAYNE, OAKLAND, AND MACOMB COUNTIES

MICHIGAN CLINICAL CONSULTATION & CARE (MC3) PERINATAL PATIENT CARE

Referral Source for Providers	MC3 Perinatal Patient Care provides screening, brief support, consultation, and connection to community resources.
Who it Serves	Pregnant and postpartum people, including up to 12 months after birth.
Use When	A client needs maternal mental health support but is unsure where to begin.

MDHHS HEAR HER — RESOURCES FOR PREGNANT AND POSTPARTUM PEOPLE

Website: https://www.michigan.gov/mdhhs/adult-child-serv/childrenfamilies/mchepi/hear-her/resources-for-pregnant-and-postpartum-people

Statewide resource hub for pregnant and postpartum people that connects families and providers to supports for **mental health, depression and anxiety,** pregnancy and birth support, housing and transportation, nutrition, substance use, pregnancy loss, chronic conditions, injury and violence prevention, and other health and social needs.

WAYNE COUNTY RESOURCES

DWIHN — DETROIT WAYNE INTEGRATED HEALTH NETWORK

Community mental health authority and access point for Medicaid behavioral health services, including support for pregnant and postpartum clients with significant mental health needs. Phone: 313-833-2500.

DETROIT CENTRAL CITY COMMUNITY MENTAL HEALTH

Outpatient mental health services and care coordination for vulnerable Detroit residents may support high-risk families through community partnerships. Phone: 313-831-3160.

NURTURED COLLECTIVE

Maternal Wellness Practice offers therapy, postpartum counseling, family-centered support, and maternal mental health services. Phone: 313-889-4008. Tuesdays 1 - 8 pm, Wednesdays 9 am - 5 pm, Thursday 1-8 PM Friday 9 am - 5 pm.

WAYNE HEALTH PSYCHIATRIC CENTER LIVONIA

Psychiatric care, counseling, and specialty behavioral health services for clients who may need a higher level of care. Phone: 734-464-4220.

OAKLAND COUNTY RESOURCES

HONEY. FOR MOMS

Maternal mental health organization focused on pregnancy, postpartum adjustment, anxiety, depression, birth trauma, parenting transitions, therapy, and support groups. Phone: 248-232-2555.

HEALING HOME COUNSELING GROUP

Trauma-informed counseling, maternal mental health services, family therapy, and support for pregnancy and postpartum challenges. Phone: 248-792-8093.

OAKLAND COMMUNITY HEALTH NETWORK

Public behavioral health access point for Oakland County residents. Phone: 248-858-1210. Address: 5505 Corporate Dr, Troy, MI 48098.

MACOMB COUNTY RESOURCES

MACOMB COUNTY COMMUNITY MENTAL HEALTH

Public behavioral health access point for Macomb County residents; crisis intervention and treatment access for Medicaid-eligible clients. Phone: 855-996-2264 or Crisis line 586-307-9100.

THE WOMEN'S CENTER OF SOUTHEASTERN MICHIGAN

Nonprofit counseling agency offering counseling, support groups, and referrals for depression, anxiety, trauma, life transitions, and pregnancy-related concerns. Also offers virtual support for expecting mothers. Phone: 734-973-6779.

HENRY FORD HEALTH BEHAVIORAL HEALTH SERVICES

Integrated health system offering psychiatric care, therapy, women's health, and behavioral health services throughout

Macomb and neighboring counties. Referral needed from an OB provider; services may be limited to Henry Ford for patients. Phone: 248-680-2060.

THE RIGHT CONNECTION IN MACOMB COUNTY

Website: https://connection.misd.net A Macomb Intermediate School District resource directory that helps families and providers find local services by topic, including child care, diapers and basic needs, financial assistance, pregnancy support, mental health, special needs, and other community supports.

BABY RESOURCE NETWORK OF MACOMB

Macomb County Health Department Community Action Team focused on preventing infant deaths through community collaboration, education, and resources that support healthy pregnancies and healthy babies. The network connects families and providers to information on safe sleep, pregnancy health, postpartum depression, breastfeeding, infant supplies, food, housing, mental health, parenting, and other local support. https://www.macombgov.org/departments/health-department/family-health-services/baby-resource-network-macomb

SUBSTANCE USE DISORDER TREATMENT RESOURCES

Use these county access points when a pregnant or postpartum client needs screening, referral, medication-assisted treatment, outpatient or residential treatment, recovery support, or women's specialty services. Pregnant people and parents with custody or reunification needs may qualify for priority admission to treatment services.

- **Wayne County:** DWIHN provides access to substance use disorder treatment, peer recovery support, and medication-assisted therapy for Wayne County Medicaid members and eligible residents. For crisis or immediate support, call 1-800-241-4949; main number 313-833-2500.
- **Oakland County:** Oakland Community Health Network offers screening and referrals for outpatient, intensive outpatient, medication-assisted treatment, withdrawal management, residential treatment, recovery services, and Women's Specialty Services. Call Oakland County Access at 248-464-6363; OCHN main number 248-858-1210.
- **Macomb County:** Macomb County Community Mental Health provides substance use disorder access, crisis support, screening, intake assessment, outpatient services, case management, and Women's Specialty Services for pregnant and parenting women. Call 855-996-2264 or 586-307-9100 for crisis support.

INFANT MENTAL HEALTH SERVICES

Infant mental health services support the relationship between infants or young children and their caregivers through home-based or community-based treatment, developmental guidance, parent-child therapy, emotional support, case management, and connection to resources. These programs are useful when families are experiencing attachment concerns, trauma, chronic stress, caregiver mental health concerns, infant feeding/sleeping challenges, developmental concerns, or behavioral and emotional difficulties in early childhood.

- **Wayne County:** DWIHN provides Infant and Early Childhood Mental Health services for eligible Wayne County children from birth through age 5 through its children's services and outpatient clinic network. MiSide also offers infant mental health services for Wayne County residents, including relationship-based therapy, play-based therapy, developmental support, trauma-informed services, and support for caregivers coping with stress, depression, or adjustment to a new baby. Contact DWIHN at 313-833-2500 or MiSide Access at 313-531-2500.
- **Oakland County:** Oakland Family Services provides Infant & Early Childhood Mental Health services through Oakland Community Health Network for eligible Oakland County residents with Medicaid. Services include home- or community-based weekly visits, developmental education, caregiver-child relationship support, crisis guidance, and resource connection for pregnant women and families with children ages 0–6. For screening, call OCHN Access at 248-464-6363.
- **Macomb County:** Macomb County Community Mental Health offers an Infant Mental Health Program for at-risk families with babies and toddlers from pregnancy to age 3. Services are typically weekly and home-based and may include parent-infant psychotherapy, developmental assessments and guidance, emotional support, advocacy, case management, family-centered services, psychiatric services, and outpatient counseling. Call 855-996-2264 or 586-948-0222 for non-emergency access; crisis line: 586-307-9100.

FEDERALLY QUALIFIED HEALTH CENTERS

Federally Qualified Health Centers provide primary care and often offer behavioral health, OB-GYN, dental, pediatric, and sliding-fee services. Confirm current locations, eligibility, services, and referral requirements before connecting to a client. Please use the link to find an FQHC https://findahealthcenter.hrsa.gov/

- **Oakland County:** Honor Community Health — multiple Oakland County locations; integrated medical, behavioral health, dental, and support services. Phone: 248-724-7600.
- **Wayne County:** Wayne County Healthy Communities — Hamtramck, Garden City, and Wayne locations; primary care, OB-GYN care, pediatrics, dental, behavioral health, immunizations, WIC, and sliding-fee support. Phone: 313-871-1926.
- **Wayne County:** Advantage Health – Detroit locations; medical, behavioral health, dental, pharmacy, and sliding-fee services. 313-416-6262.
- **Wayne County:** CHASS Center — Detroit locations; community health services including primary care and supportive services. Phone: 313-849-3920.
- **Macomb County:** MyCare Health Center — primary care, behavioral health, dental care, and integrated community health services. Phone: 586-619-9986.

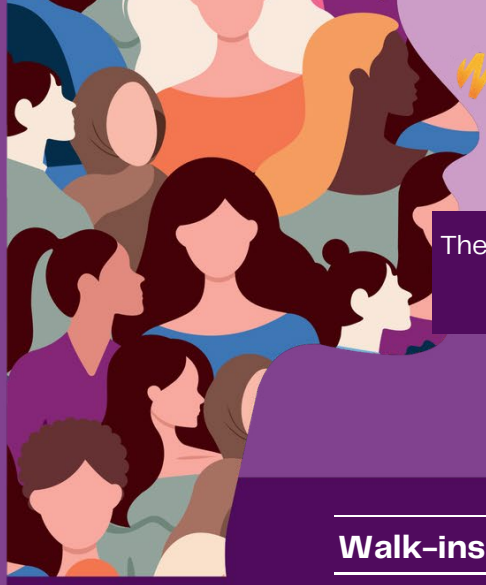
ADDITIONAL RESOURCE SEARCH TOOLS

Use these tools when a client needs help finding mental health services, counseling, crisis support, transportation, housing, food, insurance navigation, or other social supports near their ZIP code.

- **211:** Call 2-1-1 or search online to connect clients with local mental health, crisis, housing, food, transportation, and other community resources. Helpful when clients are unsure where to start or need multiple support. https://211.org/
- **Findhelp:** Search by ZIP code to locate mental health counseling, support groups, medication assistance, food, housing, transportation, and other free or reduced-cost services. Useful for printing or texting resource options to clients. https://www.findhelp.org/

PROVIDER USE ONLY

Before Referring	Confirm county, pregnancy/postpartum status, insurance, language needs, transportation, urgency, and preferred contact method.
Choose Service	Crisis support, therapy, psychiatric care, community mental health, perinatal mental health, peer support, home visiting, infant mental health, or basic needs support.
Warm Handoff	Call with the client when possible, help complete referral forms, and confirm next steps.
Follow Up	Check that the client received a call, appointment, support plan, or crisis connection.



meridian

WAYNE WOMEN'S MOBILE HEALTH UNIT

MOBILE HEALTH UNIT

The Wayne Women's Mobile Health Unit provides preventative health screening services tailored to meet the needs of the community we serve.

- Women's Preventative Health Screenings
- Prenatal Care
- Pre-pregnancy Health Screenings
- Contraception
- General Health Screenings

NO NEED TO FAST UNLESS REQUESTED BY YOUR PROVIDER!

Walk-ins are welcome

- Please bring your photo ID with you.
- If you have insurance, please bring your insurance card(s) with you.
- For those who are uninsured, there is no charge for the screening services we provide at our mobile events and our team will assist you with the Medicaid application process.



SCAN THE QR CODE TO REGISTER IN ADVANCE

CONTACT US

313-448-9850

waynehealthcares.org

@WAYNEMHU

@WAYNEMHU





Providing Medicaid coverage, including

HEALTHY MICHIGAN PLAN

Blue Cross complete of Michigan

Confidence comes with every card.®

Providing Connection and Compassionate Care

Community organizations play an important role in addressing social and behavioral health needs. Removing barriers, and working together to create pathways, allows our members to focus on their health and wellbeing, and that of their families.

Blue Cross Complete of Michigan LLC is an independent licensee of the Blue Cross and Blue Shield Association.
The Healthy Michigan Plan is a health care program from the Michigan Department of Health and Human Services. Blue Cross Complete administers Healthy Michigan Plan benefits to eligible membe

SEMPQIC

Southeast Michigan Perinatal Quality Improvement Coalition

2026 BLACK MATERNAL HEALTH EQUITY SUMMIT

BEYOND SURVIVAL - WHERE MENTAL HEALTH MEETS MATERNAL EQUITY.

Thank you for attending today's summit.
Please share your feedback on your experience today!
Scan the QR code for a brief survey.
We thank you in advance.

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