

Clinical Exercise Pilates- Albion

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 AM	LACHIE	WILL	ROB		JAIDEN	
7 AM			DOROTHY			
7:15 AM	DOROTHY	SARAH				
7:30 AM				KATIE	DOROTHY	PHYSIO
8 AM			SAM			
8:15 AM		KATIE				
8:30 AM	SAM			ISSY	DOROTHY	
9 AM			SAM			
9:30 AM	DOROTHY	DOROTHY		DOROTHY	JORDAN	
10:30 AM				MOLLY*		
2:15pm						
3:15 pm						
4:00pm			SAM			
5 pm	DOROTHY		ISSY			
5:30PM		ISSY				
6 PM	ISSY					

Clinical Exercise Pilates- West End

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15 AM			SARAH		MOLLY	
7 AM	MOLLY			WILL		
7:15 AM		ISSY	ISSY		ROB	
7:30 AM						PHYSIO
8:30 AM			MOLLY		MOLLY	SARAH
9AM		ROB				
10 AM		ROB				
10:30 AM				JORDAN		
11:30 AM				JORDAN		
12:30 PM					SARAH	
4:00 PM				WILL		
4:15 PM						
5 PM			WILL			
5:30 PM		ISSY				
6 PM						
6:15 PM	SARAH					