



Tattoo Aftercare

You Will Need:

- Unscented Castile Soap
- Grapeseed oil
- An unscented moisturizer

Twice a day

- 1.) Wash your hands with the unscented antibacterial soap. With that soap and lukewarm water, make a SMALL amount of suds, wash and rinse your tattoo.
- 2.) Blot your tattoo dry with a clean paper towel or let air dry.
- 3.) Once the skin is completely dry, apply a THIN layer of oil or aquaphor. Use the ointment for first 7-10 days or until scabbing is completely gone.

ALSO, please wash or change your bed sheets the first night with your new tattoo to avoid your tattoo

rubbing against bacteria filled sheets while you sleep.

PLEASE DO NOT:

- Wear tight clothing over your tattoo for one week.
- Sweat excessively or heavily on your new tattoo for one week.
- Use scented soaps or lotions on your tattoo for one month.
- Pick or scratch your tattoo.
- Allow pets to touch your tattoo for at least the first week.
- Submerge your tattoo for one month (hot tubs, swimming, baths, etc.)
- Use a tanning bed or allow direct sunlight on your tattoo for at least a month. (In fact, the less UVA/UVB exposure to your tattoo over your lifetime, the better.)