FEAR-BASED WARFARE

STUDY GUIDE

1 SAMUEL 17:8-11

2026

2026
Words of the Year

- This year, we declare and wage war on the spirit of fear.
- We go to fear, fear doesn't come to us.
- Radical Love prepared you for this.
- 1 John 4:18 ESV - "There is no fear in love, but perfect love casts out fear."
- It's a season of Jehu.
- Elijah confronted fear, but Jehu defeated the spirit of fear.
- God is raising up undistracted servants with a spirit of Jehu.
- This year you stop being afraid of warfare.

Historical Context, Biblical Facts, and Simple Definitions

HEBREW

יָרֵא (yārēʾ) = To fear, be afraid, stand in awe, revere.

- **Negative:** fear of circumstances, enemies, people.
- **Positive:** fear/reverence of the LORD.

Simple definition: Fear is allowing someone or something to become so great in your sight that it influences how you respond.

GREEK

δειλία (deilia) = Cowardice, timidity, lack of courage; fearfulness that causes a person to shrink back.

Simple definition: Deilia is the spirit that causes you not to obey God.

GREEK

φόβος (phobos) = Fear, terror, alarm; reverence or awe depending on context.

GREEK

πνεῦμα δειλίας (pneuma deilias) = A spirit of cowardice; a fear that causes someone to shrink back from obedience.

- **Pneuma** = Spirit
- **Deilias** = Cowardice, timidity, fear that causes someone to shrink back

Simple definition: Pneuma-deilias is a spirit of cowardly fear that causes you to shrink back from obedience.

Paul says this spirit does not come from God. In the context of 2 Timothy 1:6-8, its effect is to make Timothy shrink back from his gift, testimony, suffering, and calling.

2 TIMOTHY 1:7

"For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline."

Paul is writing from a Roman prison around AD 64-67, knowing his execution may be near. Timothy, his spiritual son, is facing pressure and persecution.

Paul's message is clear: "I'm in chains, I'm facing death, and I'm telling you - don't let fear make you retreat from what God called you to do!"

SCRIPTURE REFERENCES

- 1 Samuel 17:48
- 1 Samuel 17:26
- 1 Samuel 15:25
- Proverbs 3:7
- Revelation 12:11
- 2 Corinthians 10:5
- Ephesians 2:2
- Genesis 3:8-10
- Exodus 3:5
- Psalm 56:3-4
- 1 Samuel 16:23
- 1 John 4:18
- Hebrews 10:38
- Matthew 4:10
- 2 Corinthians 10:4
- Revelation 13:16-17
- 2 Timothy 1:7

UNDERSTANDING THE SPIRIT OF FEAR

01 It is a demonic spirit

02 It is a counterfeit Holy Spirit

03 It has a presence

04 It has a voice

05 It has a will, direction, agenda

06 It is an antichrist spirit

Spiritual Warnings

- Fear always immediately comes against what God tells you to do.
- The goal and purpose of the spirit of fear is disobedience to God.
- The spirit of fear can speak through people and even pastors.

OVERCOME THE SPIRIT OF FEAR

- If you can hear fear, you can hear God.
- You overcome this demonic spirit by loving God more
- Worship is your weapon of warfare
- Faith is running toward fear, as David did with the giant
- Worship is a weapon of warfare

SPIRITUAL WARFARE STRATEGY

HOLY PROCESSING

Holy processing: Filtering every thought and feeling through God's Word, refusing to entertain anything that doesn't align with Scripture.

2 CORINTHIANS 10:5 ESV

"We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ."

If you want to grow in Spiritual Warfare, learn Holy Processing.

Jesus Modeled "Holy Processing"

MATTHEW 4:10 ESV

"Then Jesus said to him, 'Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve."'"

Jesus Holy Processed Satan's lie: He didn't entertain it, He exposed it, and replaced it with God's Word!

Unholy Processing is entertaining demonic thoughts until they become demonic conversations and demonic actions.

Holy Processing comes through the revelation of fear-based warfare.

Practical Advice: Use this spiritual warfare strategy in your Daily Encounter.

REFLECTION

1. What did you learn about the difference between fear and the spirit of fear?

2. What needs to go through Holy Processing in your life?

3. Where have you entertained unholy processing?

4. Where has fear been keeping you from obeying God?

5. What are you committing to this week to war against the spirit of fear?

PRAYER of ENCOUNTERS

This is where I tell You... I love You, I love You, I love You!

This is where I tell You... You're Holy, You're Holy, You're Holy!

This is where I tell You... Thank You, thank You, thank You!

This is where I tell You... I need You, I need You, I need You!

This is where I tell You... Speak Lord, Your servant is listening!