



A GUIDE *to* PRAYER



Daily Encounter Guide

Daily Encounters are the greatest way to spiritually grow as a disciple of Jesus.

God invites us to meet with Him daily. Just as Israel gathered manna every morning, God teaches us to live in daily dependence, obedience, and intimacy with Him. Daily Encounters are daily discipleship. A disciple is someone who follows Jesus, obeys Him, and builds their life around Him every day. Discipleship is formed through repetition, obedience, intimacy, and trust, not information alone.

1. SET AN APPOINTMENT WITH GOD

Daily encounters begin with intention.

- Choose a **daily time**
- Choose a **daily place**
- Remove distractions
- Expect resistance, and show up anyway
- Have an appointment with the Lord every day

2. WELCOME THE HOLY SPIRIT

Begin by inviting God's presence. Pray:

- "Holy Spirit, You are welcome here."
- "No spirit but the Holy Spirit is welcome."
- "Give me ears to hear."
- "Teach me."
- "Speak, Lord."

3. WORSHIP

Minister to God's heart before asking for anything.

- Play worship music
- Sing, speak, or sit in reverence
- Thank God for who He is ([Ps. 110:4](#))

4. PRAY THE LORD'S PRAYER

Jesus gave us a daily prayer framework.

Pray slowly and intentionally:

- **"Our Father in Heaven..."**
Declare God's holiness.
- **"Your Kingdom come, Your will be done..."**
Surrender your will to His.
- **"Give us this day our daily bread..."**
Ask God for what you need today.
- **"Forgive us our debts..."**
Repent and receive grace.
- **"As we forgive our debtors..."**
Forgive people by name.
- **"Lead us not into temptation..."**
Ask for strength and protection.
- **"Deliver us from evil..."**
Declare victory in Christ.

5. PERSONAL PRAYER LIST

Pray intentionally for:

- Yourself
- Your family
- Your friends
- Your workplace
- Your city
- Your church & leaders
- The peace of Jerusalem ([Psalm 122:6](#))
- + Add your own

6. READ THE WORD (DAILY BREAD)

God's Word was meant to be encountered daily, not occasionally.

Suggested Reading Plans:

- **15-Minute Plan**
1 Psalm, 1 Proverb, 1 Gospel
- **30-Minute Plan**
1 Psalm, 1 Proverb, 1 Gospel,
1 Old Testament, 1 New Testament,
1 Revelation

7. GIVE GOD ROOM TO SPEAK

Slow down. Listen. Pray:

- "Speak, Lord. Your servant is listening."
- Be still
- Write down what you sense
- Pay attention to Scripture, impressions, or the conviction of the Holy Spirit

8. ASK HIM TO TEACH YOU HIS WAYS

God desires to form you, not just inform you. Pray:

- "Teach me Your ways."
- "I want what You want, show me what You want."
- Repeat what God says out loud.
- Obey what He reveals.

9. CLOSE WITH THE PRAYER OF ENCOUNTERS

WHAT TO EXPECT

The goal of this guide is to help you **learn about prayer and engage in prayer**. This guide will help you:

- grow in your personal and corporate prayer life
- understand prayer biblically and practically
- learn how Jesus taught us to pray
- develop practical tools that help you engage with God daily
- understand different types of prayer found in Scripture
- grow in intimacy, confidence, and consistency in prayer

Prayer is not meant to be intimidating or complicated. Prayer is relationship with God.

As you go through this guide, don't just read it -- pray as you go.

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WHAT IS PRAYER?

Defining Prayer

Governing Definition:

Prayer is the ordained act of drawing near to God in worship, confession, thanksgiving, and supplication, where the believer humbly depends on Him, aligns with His will, and seeks His intervention, not as empty form, but as sincere communion of the heart within covenant relationship, expressed through faith, reverence, and obedience.

Simplified Definition:

Prayer is conversation with God

Old Testament Understanding of Prayer

Tefillah (תְּפִלָּה) (Hebrew)

to pray, to turn toward God, to direct your heart to Him

Palal (פָּלַל) (Hebrew)

to pray, intervene, intercede, or stand before God

Qara' (קָרָא) (Hebrew)

to call out, cry out, proclaim, or invoke

New Testament Understanding of Prayer

Proseuchomai (προσεύχομαι) (Greek)

to pray, to turn toward God, to direct your heart to Him

Deomai / Deēsis (δέομαι / δέησις) (Greek)

to pray, intervene, intercede, or stand before God

Entynchano (ἐντυγχάνω) (Greek)

to call out, cry out, proclaim, or invoke

Connecting with God is how we become aware of Him; prayer is how we engage in relationship with Him.

ABOUT PRAYER

- Prayer is conversation with God
 - Prayer is relationship (intimacy) with God
 - Prayer is listening more than speaking
 - Prayer is not something to master, but something to yield to
 - Prayer is built through daily discipline
 - Prayer must be rooted in sonship
 - Prayer is strengthened through praying in the Spirit
 - Prayer is guided and deepened by Scripture
 - Prayer keeps us alive spiritually
 - Prayer is how you access Heaven's resources instead of your own
 - Prayer renews the mind and transforms the heart
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THE EFFECTS OF PRAYER

- Visitations fall on the landing strip of the prayer life you have built.
- The first goal of prayer is not to get something from God, but to be with Him.
- Praying the Scriptures teaches you the language of God.
- Prayer is a conversation, not a performance.
- Be more concerned with talking with God than talking to God correctly.
- Prayer is the strategy Heaven uses to change the Earth.
- Prayer is petitioning Heaven until Earth reflects the will of God.
- Your prayer life prepares you for battles you haven't faced yet.
- Victory in public is built in private prayer.
- Prayer is what sustains calling, purity, and authority.
- Prayer is how revival and reformation are born.

HOW THE ENEMY DISTORTS PRAYER

- reducing prayer to ritual without relationship
- reducing prayer to asking without surrender
- reducing prayer to performance without intimacy
- reducing prayer to panic without faith
- reducing prayer to passivity without obedience

Satan hates prayer because prayer expresses dependence on God, agreement with God, and participation in God's rule.

WHAT A LIFE OF PRAYER PRODUCES

A life of prayer produces:

- humility instead of self-reliance
- discernment instead of confusion
- peace instead of anxiety
- power instead of passivity
- communion instead of distance
- obedience instead of spiritual drift



THE LORD'S PRAYER

The disciples observed Jesus' prayer life and saw its power and intimacy. Out of everything they witnessed, the one thing they asked Jesus to teach them was prayer.

Jesus responded by giving them a model, not just words to repeat, but a way to approach and engage God in prayer.

THE LORD'S PRAYER

**“Our Father in Heaven,
Hallowed be Your name.
Your Kingdom come,
Your will be done,
On Earth as it is in Heaven.
Give us this day our daily bread,
And forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation,
But deliver us from evil.”**

- Matthew 6:9-13

HOW TO PRAY

1. Acknowledge God

"Our Father in Heaven"

Turn your attention toward God as your Father: "Father, I love You."

2. Honor God

"Hallowed Be Your Name"

Acknowledge and declare the holiness of God: "You are holy, holy, holy."

3. Ask For God's Will

"Your Kingdom Come, Your Will Be Done..."

Surrender your life to God's will: "God, not my will, but Yours."

4. Ask For Your Needs

"Give Us This Day Our Daily Bread"

Bring your needs to God and trust Him as provider: "God, provide what I need today". Pause and listen: "Speak Lord, Your servant is listening."

5. Repent

"Forgive Us Our Debts"

Confess your sins honestly before God.

6. Forgive Others

"As We Forgive..."

Release others and forgive them before God.

7. Ask For Guidance & Strength

"Lead Us Not Into Temptation"

Receive grace and strength to overcome sin.

8. Ask For Protection

"Deliver Us From Evil"

Ask for God's protection and authority over your life.



TYPES OF PRAYERS

Prayer is not a single expression but a rich language of relationship, authority, and history with God. Scripture commands “all kinds of prayer” (Ephesians 6:18), revealing that different situations require different forms of prayer to engage with God.

When we learn God’s ways in prayer, we grow in both intimacy with God and effectiveness in prayer.

Ephesians 6:18 (BSB)

"Pray in the Spirit at all times, with every kind of prayer and petition..."

James 5:16 (NKJV)

"The effective, fervent prayer of a righteous man avails much.."

1. Petition / Supplication

Definition: Asking God in faith for needs that align with His will.

Biblical Examples

- Hannah asked God for a child (1 Samuel 1:10-12)
- Solomon asked God for wisdom (1 Kings 3:9)
- Blind Bartimaeus asked Jesus for healing (Mark 10:46-52)
- Jesus modeled surrender by asking the Father according to His will (Matthew 26:39)
- Paul persistently asked God for help in weakness (2 Corinthians 12:8)

Petition flows from relationship and faith in God.

Practical Advice: Bring your needs to God boldly and persistently while remaining surrendered to His will.

Pray Like This: "Father, you know what I need. I trust You as my provider. Give me wisdom, strength, and what I need today according to Your will."

2. Intercession

Definition: Intercession is standing before God on behalf of others for His will to be established

Biblical Examples

- Abraham contended for mercy over a city (Genesis 18:23-32)
- Moses interceded and God spared Israel (Exodus 32:11-14)
- Samuel faithfully prayed for the people (1 Samuel 12:23)
- Jesus prayed for His disciples and future Believers (John 17:9-20)
- The early Church prayed and saw supernatural intervention (Acts 12:5)

Intercession is when we pray for people, leaders, cities, churches, and nations according to God's will.

Practical Advice: Pray consistently for others with persistence in faith.

Pray Like This: "God, move in their life. Reveal Yourself, bring healing, freedom, wisdom, and let Your will be done."

3. Praise & Worship

Definition: Praise is declaring who God is and what He has done with all your heart, mind and soul.

Biblical Examples

- David praised God (Psalm 145)
- Israel worshiped after deliverance (Exodus 15:1-2)
- Worship went before battle (2 Chronicles 20:21-22)
- Jesus honored the Father (Matthew 11:25)
- Heaven continually worships God (Revelation 4:8-11)

Praise enthrones God in your environment and shifts the spiritual atmosphere.

Practical Advice: Declare God's goodness, holiness, faithfulness, and power out loud.

Pray Like This: "God, You are holy, faithful, powerful, and worthy of all praise."

4. Confession & Repentance

Definition: Repentance is a turning of your mind, heart, and life away from sin and back to God that results in real, visible change.

Biblical Examples

- David confessed sin (Psalm 51:1-4)
- Nehemiah confessed personal and national sin (Nehemiah 1:6-7)
- Daniel repented for the people (Daniel 9:4-5)
- The tax collector cried out for mercy (Luke 18:13)
- The prodigal son returned to the father (Luke 15:18-21)

Sin breaks intimacy with God, but repentance restores relationship.

Practical Advice: Confess your sin, receive forgiveness, and renew your mind with God's Word.

Pray Like This: "Father, forgive me. Cleanse me and help me turn away from sin and walk in Your ways."

5. Thanksgiving

Definition: Thanksgiving is honoring God for what He has done with intentional gratitude.

Biblical Examples

- David gave thanks (Psalm 100:4-5)
- Daniel thanked God daily (Daniel 6:10)
- Jesus gave thanks before multiplying provision (John 6:11)
- Jesus gave thanks at the Last Supper (Luke 22:19)
- Paul thanked God for Believers (Philippians 1:3-4)

Thanksgiving anchors your heart in truth and builds faith through remembrance.

Practical Advice: Thank God daily (for salvation, provision, protection, and His faithfulness, etc).

Pray Like This: "Thank You for Your goodness, faithfulness, provision, and mercy in my life."

6. Lament / Crying Out

Definition: Lamenting is bringing your pain honestly to God while choosing to trust in Him.

Biblical Examples

- David cried out in distress (Psalm 13:1-2)
- Job expressed suffering honestly (Job 3:11)
- Jeremiah grieved loss while trusting God (Lamentations 3:19-23)
- Jesus wept (John 11:35)
- Jesus cried out on the Cross (Matthew 27:46)

God invites honesty, grief, and pain into relationship with Him.

Practical Advice: Cry out authentically to God.

Pray Like This: “God, I bring You my pain. I need You! Comfort me!”

7. Consecration & Dedication

Definition: Consecration is setting things fully apart to God for His purposes.

Biblical Examples

- Hannah dedicated Samuel to God (1 Samuel 1:27-28)
- Nazarites lived set apart lives (Numbers 6:2-5)
- Joshua chose wholehearted devotion (Joshua 24:15)
- Jesus surrendered to the Father (Luke 22:42)
- Believers offer themselves fully to God (Romans 12:1)

Consecration is a foundation of holiness and spiritual authority.

Practical Advice: Surrender your time, body, future, decisions, and life fully to God.

Pray Like This: “Lord, my life belongs to You. Use me for Your purposes.”

8. Warfare Prayer

Definition: Warfare prayer is declaring Christ's victory over the works of darkness.

Biblical Examples

- Our battle is spiritual (Ephesians 6:12,18)
- God gives spiritual weapons to destroy strongholds (2 Corinthians 10:4-5)
- Jesus gave Believers authority over the Enemy (Luke 10:19)
- Jesus rebuked Satan with truth (Matthew 4:10-11)
- Believers resist the devil through submission to God (James 4:7)

Warfare prayer flows from surrender, humility, obedience, and agreement with God's authority.

Practical Advice: Pray Scripture, resist lies, declare the authority of Jesus, and plead the blood of Jesus over yourself and others.

Pray Like This: "In the name of Jesus, I resist every work of darkness and declare the authority of Christ over my family."

9. Praying In The Spirit

Definition: Praying in the Spirit is allowing the Holy Spirit to pray through you beyond your understanding.

Biblical Examples

- Believers spoke in tongues when filled with the Spirit (Acts 2:4)
- The Spirit helps in weakness (Romans 8:26)
- Tongues edify the believer (1 Corinthians 14:2,15)
- Gentiles received the Spirit and spoke in tongues (Acts 10:46)
- Believers instructed to pray in the Spirit (Ephesians 6:18; Jude 20)

Praying in the Spirit strengthens and aligns Believers with God's will.

Practical Advice: Pray in tongues and follow the Holy Spirit's leading in prayer, worship, songs, and groanings.

Pray Like This: "Holy Spirit, pray through me and align my heart with the will of God."

10. Prayers Of Blessing

Definition: Blessing is speaking God's favor and purpose over someone or something in alignment with His will.

Biblical Examples

- God blessed humanity (Genesis 1:28)
- God blessed Abraham (Genesis 12:2-3)
- Priests blessed Israel (Numbers 6:24-26)
- Isaac blessed Jacob (Genesis 27:27-29)
- Jesus blessed children (Mark 10:16)

Pray Like This: "I declare the peace of God over Jerusalem."



PERSONAL PRAYER

What is Personal Prayer?

Personal prayer is private communication with God.

Biblical Examples

- Abraham spoke with God (Genesis 18)
- Moses met with God and received direction (Exodus 33)
- David expressed worship, thoughts, and struggles (Psalms)
- Daniel prayed consistently (Daniel 6:10)
- Jesus withdrew to pray (Luke 5:16)
- Paul prayed regularly (Ephesians 1:16)

What Happens When You Pray

- You grow closer to God, and God draws near to you (James 4:8)
- You receive peace (Philippians 4:6-7)
- You receive direction for your life (Proverbs 3:5-6)
- You are strengthened and renewed (Isaiah 40:31)
- You are built up spiritually (Jude 1:20)
- God hears you and responds (Psalm 34:17)



CORPORATE PRAYER

What is Corporate Prayer?

Corporate prayer is Believers praying together in unity.

Biblical Examples

- People humbled themselves and prayed for their nation (2 Chronicles 7)
- Leaders gathered people to fast and seek God (Ezra 8)
- Community confessed sin together (Nehemiah 9)
- Believers gathered in unity waiting on God (Acts 1)
- The Church prayed for boldness (Acts 4)
- The Church prayed for Peter in prison (Acts 12)
- Paul and Silas prayed and worshiped in prison (Acts 16)

What Happens When We Pray Together

- God moves with power (Acts 4:31)
- Boldness increases (Acts 4:31)
- Chains are broken and people are set free (Acts 12:5-11)
- Breakthrough happens (Acts 16:25-26)
- God brings healing and restoration to the land (2 Chronicles 7:14)
- The Holy Spirit moves and fills Believers (Acts 1:14; Acts 2:1-4)
- Supernatural intervention is released (Acts 12:7-10)
- God provides protection and guidance (Ezra 8:21-23)
- Restoration and renewal take place (Nehemiah 9:1-3)
- Unity is strengthened (Acts 2:42)



FOUR PRAYER TARGETS

1.

Revival and Reformation in America and the Nations

“Jesus, You are the highest authority.

We repent for every way our nation has disobeyed You. Forgive us, Lord. We ask for Your mercy over America and over the nations. Humble us and give us deep conviction of sin. May hearts turn back to You across this land and throughout the nations. Hear us, Lord, come and heal our land.

Stir revival in Your people, awakening hearts to righteousness and holiness. Let revival spread across America and every nation.

May every corrupt system that does not honor You be torn down. Raise up righteous leaders and righteous systems that reflect Your ways and bring You glory.

Bring reformation in every area of society-in every individual, every family, every city, and every nation.”

2.

Human Trafficking Captives Set Free

“Father, break our hearts for what breaks Yours.

We ask for heavenly justice and a burden for Your lost sons and daughters. We cry out on behalf of every man, woman, and child trapped in modern-day slavery across our nation.

Break every chain of exploitation. Expose darkness. Release justice to the oppressed. Raise up bold leaders, reformers, and protectors who will stand unshaken until every captive is set free.

Let Your righteousness flood our systems, transforming hearts, laws, and communities to defend the vulnerable. Let freedom, healing, and restoration be the portion of every survivor.

Lord, set the captives free!”

3.

Abortion Illegal in All 50 States

“Lord, forgive us for the murdering of millions of babies.

May there be an end to abortion in the United States, in all 50 states. May every form of child sacrifice cease. Shut down every system, law, and practice that enables it.

Let the rivers of blood sacrifice run dry, and let the river of life, through the blood of Jesus, flow over America. We plead the blood of Jesus over every state, every city, and every womb.

We cry out for mercy over America. May righteousness prevail in our land. Turn hearts, transform laws, and awaken generations to defend life.

Let justice arise and let life be protected from conception.”

4.

President Trump Baptized in the Holy Spirit

“Father God, we pray for President Donald J. Trump.

Lead him to have a radical encounter with the Holy Spirit and fully surrender his life to Jesus Christ, the King of Kings. May his heart be open to receive the Lord, that he would walk in wisdom and truth, and that he would be baptized in the Holy Spirit.

We ask for Your hedge of protection over his life, his family, and his leadership, and that he would grow in humility and submission to God’s will.”



PRAYER *of* ENCOUNTERS

This is where I tell You... I love You, I love You, I love You!

This is where I tell You... You're Holy, You're Holy, You're Holy!

This is where I tell You... Thank You, thank You, thank You!

This is where I tell You... I need You, I need You, I need You!

This is where I tell You... Speak Lord, Your servant is listening!

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